

Treatment for Heat

(including fever, inflectional diseases, Empty Heat).

SI 3, 8	He 3, 7	Alternative: SJ 2 + Lu 10 + P 9 bleeding back of the ear
Liv 3, 8	Gb 34, 41	

Can add P 6, SJ 5, Sp 4

Hot Flashes

SI 1 SJ 3, 10	Pe 3, 7, (Pe 7.2)	SJ	He
Liv 3, 8Sp 6,7,9	Gb 34, 41	Liv	Gb

Heat pattern Water over Fire

SI 1,5,8	He 5,7,8
Liv 3,5,8 (or Liv 1,3,5)	Gb 40,41,43

Sp / SJ Tai Yin - Shao Yang pattern (I / IV) Hormonal Imbalance (female)

Symptoms: irregular bleeding, bloating, breasts enlargement, watery retention, mood swings, sleeping disorders, forgetfulness, birth control, fertility, menopause, insomnia, forgetfulness - it relates to Spleen in TCM. Spleen relates to bleeding.

Hormonal changes lead to water imbalances -
SP = dampness SJ = water metabolism

For Hot flashes, night sweats add Kid 1, He & Pe

Mood swings & insomnia		Digestion problems	
SJ 1, 4	He 3, 7	or	SJ 1, 4 Pe 6, 9
Sp 1, 4	Gb 34T, 41		Sp 1, 4 St 42, 45

8 Magic Meridians of Dr Tan = Sp / He Shao Yang + Kid / Pe Yang Ming

Treats ANY Gynaecological problems including infertility!!!

LI 4.5 SJ 5	P 6 P 7.2 H 5	P 7.2 - for Uterus; P 6 - Luo point, for abdomen, chest, heart palpitations, influential point; SJ 5 - Luo point, for chest, low abdomen; LI 4.5 - for Low Back Sp 6 - Uterus, Heart, Yinwei Mai infl. point Sp 9, 6, 4 cover Sp channel, treats
K 7 Sp 4, 6, 9	Gb 41 St 36	

Hormonal imbalances + digestion problems

Kid 7 - for low abdomen;

Gb 41 - Dai Mai influential point. (Spleen balance ovaries with GB 41)

Dr Tan's induce labour: Ling Ku + Pc 7.2

He 8 + P 7.2 A - Treats Low abdomen pain

Hormonal Imbalance (men) To control urination: BI 2 + Yao Tong + Ling Ku + Da Bai + Zong Bai

Testicles refer to Liver. For testicles needle BI 2
bilaterally + ear prostate points both sides
LI 1-2 testicle points
Middle finger (Pe) - Penis

Prostate Treatment

SJ 4, 5 LI 1,2,3,4,5	P 6, 7.2, 8, 9 Lu 9 He 7
Kid 2,4,7 or Kid 1,2,3 Liv 4	BI 60 Gb 40 St 41

Jue Yin - Yang Ming Penis/Testicles problem

LI 1-2 A	P 9
Liv 1-2 A	St 44-45

Prostate Treatment (Alt)

SJ 4 LI 5 SI 5	P 6, 7.2 Lu 9 He 7,8,9
Kid 2,4,7 or Kid 1,2,3 Liv 4 Sp 5	BI 60 Gb 40 St 41