

**Tai Yin - Yan Ming pattern (III / VI) WIDE FRONT**  
**Metal-Earth imbalance.**

**Treats ANY Tai Yin problems & ANY Yang Ming problems!**

**Any problems in the front of the body (below the eyes to the feet).** Upper respiratory allergy, cold, sore throat, any issues around mouth, tonsils, thyroid, chest, asthma,

LI 3	Lu 5	constipation, diarrhoea, sinus HA below the eyes, uterus, bladder, ovaries (not male organs), obesity, weak digestion, sleep apnea, water metabolism, etc. Infertility
LI 11	Lu 9	
Sp 3	St 43	Pulse: Floating or Cun position significant slippery of Guan deficient. - SP Xu or St Shi
Sp 9	St 36	

For the Allergy & Upper respiratory problems:

- St 35 - Eye
- St 41 - Throat
- Sp 5 - Throat Liv 4 - Throat
- LI 11 - Eye
- LI 11 to LI 7 do Ashi
- Lu 5 to 6.5 - Lungs
- Lu 7 - more throat (post nasal drip)
- Lu 9.5 - nasal congestion
- Lu 9.2 - Tonsils

**Sinus Problems** (more local and focused than Tai Yang - Yang Ming):

LI 4	Lu 7 or Lu 9.5
Sp 9	St 36

Allergies, hay fever, head cold,

**Jue Yin - Yang Ming pattern (I / IV & II / V)**  
**Wood-Earth imbalance. WIRY PULSE**

Problems due to emotional stress - allergy, (respiratory), asthma, emotional disorders, insomnia (fall asleep but cannot stay asleep), colitis, restless leg.

Digestive problems, for IBS / Crohn's alternate with 8+1 Magic Points.

Psych: Pt can be neurotic, fast mover, look at watch constantly, not as angry or upright as Jue Yin - Shao Yang, but nervous & worry constantly.

LI 1	Pc 6	Pulse: Jittery/Neurotic pulse - rolling, wiry, floating, rapid.)
LI 4	Pc 9	
Liv 1	St 42	<i>Do Tai Yang - Yang Ming first. If improvement stopped - than do Jue Yin - Yang Ming or Pe/Kid Yang Ming</i>
Liv 4	St 45	

LI 2, 5	Pe 5, 8
Liv 5, 2	St 41, 44

**Liver is more excess**  
**Kid is more Xu Take pulse!**

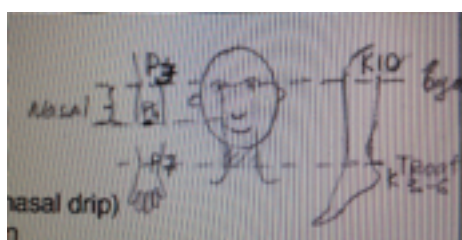
**Dr Tan's 4 Magic Meridians NARROW FRONT**  
**Pe - Kid Yang Ming pattern.**

LI 1, 4	Pc 6, 9	Here check the symptoms of deficiency (Kid) or excess (Liv). Take pulse.
Kid 1, 4	St 42, 45	

**From head to genitals between both sides of the St channels** (St, Kid, Ren) : Eyes, face, throat, chest, stomach, intestine, uterus, bladder, , heartburn, bronchioles, stomach, heart, menstrual problems, Low abdomen pain, heart palpitations, stomach bloating, uterus cramps, menstrual pain.

More physical cause than emotional (Jue Yin - Yang Ming)  
 Add Liv 1 or Liv 4 if physical conditions triggered by emotional problems or stress.

- P 3 - Eye
- P 3 - P 4 - Nasal area
- P 7 - Throat
- K 10 - Eye
- K 10 - K 8 - Nasal
- K 3 - K 6 - Throat



- Liv 8 - Eye
- Liv 8 - Liv 6 - Nasal
- Liv 4 - Throat

**Uterus, Menstrual problems, Low abdomen pain.**

LI 4.5	Pe 7.2
Kid 7 to 8	St 40.5

**Cardio/Heart/HBP, Bronchial problems.**  
 Bronchial area.  
 Bronchial type asthma. (Ashi around points below).

LI 3 (Ashi)	Pc 6
Kid 1 (Treats Heart)	St 40.5 (St 40 - nipples)

**Asthma with phlegm**

LI 6	Pe 6
Kid 2,4,7	St 40

**Constipation, Diarrhoea, Sluggish digestion** (Same treatment - points changed)

LI 11	P 3
K 10	St 45