

Distal Acupuncture Balance Method 4 days course.

2 days Advanced Seminar: Instant Pain Relief

Distal Acupuncture Balance Method is an incredibly effective approach that quickly creates results. This is a transformational treatment that holds an incredibly high success rate with numerous patients, stating as much as a 50 - 90 % reduction of pain within one treatment.

- During 2 days of the course the participants will be introduced to the system of Distal Acupuncture Balancing patterns, which are easy to understand and implement into practice.
- After the training each participant will be able to achieve high level results in successfully treating any local pain (numbness, burning, stiffness etc) of any origin.
- Participants will learn some important Master Tung's points, relevant to Instant Pain Relief.
- Participants will be introduced to and practice main pulses that help detect main system imbalances.

DETAILED PROGRAMME:

- **Historical roots or Distal Acupuncture Balance Method.**

- 1 Homo and Hetero- systems.
- 2 Introduction of the fundamentals of Chinese medical philosophy including Yin-Yang, the Eight Trigrams and Ba Gua
 - Yin Ba Gua
 - Fu Xi Gua

- 3 Introduction to 123 Balance Method of Dr Tan and corresponding channels theory of Master Tung

- **Treatments:**

- 4 Lower Back Pain;
- 5 Pain Upper Back;
- 6 Pain Nipple;
- 7 Tennis elbow;
- 8 Achilles;
- 9 Carpal Tunnel;
- 10 Shoulder blade pain on SI;
- 11 GB tension headaches.

- **Matrix analysis: "Smart pick" to treat ANY local pain**

- 12 Nausea
- 13 Headache 4 Gates
- 14 Headaches all over, migraine;
 - Magic points for headache,

Migraine + Vomiting

15 Hand's Neuropathy

Facial Paralysis - Bell's paralysis - Wind stroke

16 Trigeminal Neurolgia

17 Paralysis after stroke

18 Shingles

19 Sacral pain

20 Ren & Du problems

21 Introduction to Scalp Acupuncture

22 Liv 8 & Gb 34 Distal Acup location

23 Neck & Shoulder pain

24 Neck pain

25 LBP Ling Ku Combo

26 LBP Treatment for the pain radiating down the leg.

27 Shan Cha

28 Sacral Pain

29 Kidney problems

30 Mapping for fingers and toes. Treating extremities.

31 Gout

32 Rheumatoid Arthritis

33 Elbow pain

34 Knee pain

Knee pain inside patella

35 Pain around umbilicus

36 **Other patterns to treat any local músculo-skeletal pain (numbness, burning, stiffness, discomfort etc)**

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2 days Advanced Seminar: Distal Acupuncture for Zang Fu disorders.

Distal Acupuncture Balance Method is a valuable and effective acupuncture system that can complement any practice with incredible results. This clinically effective system of acupuncture is based on minimal and distal acupuncture treatments.

During 2 days of seminars the participants will:

- study the Yin/Yang dynamic patterns to treat functional disorders and whole-body sickness;
- learn the Yin/Yang dynamic treatment patterns to treat Zang Fu systemic diseases: respiratory, digestive, circulatory, urinogenital, allergic and other functional disorders including the whole-body sickness;
- be introduced to the most effective point combinations of the famous world Masters of acupuncture;
- be further introduced to practical pulse diagnostic system that helps to recognise body imbalances;
- study each pattern in detail with in-depth discussions about each particular disorder.
- Hands-on training. Students will be supervised whilst they practice on each other.

DETAILED PROGRAMME:

- 1. Balance patterns**
2. Tai Yin - Yang Ming
3. Eye Treatments: Lazy eye, shaking eye, Glaukoma, itchy eyes, etc
4. Sinus problems;
5. Jue Yin - Yang Ming pattern
6. Asthma (also for Kidney headaches);
7. Cardiology / Heart problems;
8. Constipation, Diarrhoea, sluggish digestion;
9. Uterus, Menstrual problems, Low abdomen pain;
10. Digestive disorders;
11. Crohn's disease;
12. Hernia;
13. Constipation;
14. Jue Yin - Shao Yang
15. Bipolar disorder (excess);
16. Shao Yin - Tai Yang
17. Tai Yin - Tai Yang
18. Liv - Lu - Tai Yin
19. Kidney functional problem with Low back pain;

20. Treatment for Heat;
21. Hormonal Imbalance (female);
22. Insomnia;
23. Gynaecology problems;
24. Inducing labour;
25. Hot flashes;
26. Men's hormones;
27. Impotence;
28. Prostate treatment;
29. Skin problems;
30. Skin problems with heat involved;
31. Shao Yin - Shao Yang
32. MS;
33. Thyroid;
34. Brain disorders
35. **Merging treatments examples: local pain & Zang Fu**
36. Allergy + LBP
37. Gyn problems + Shoulder/Neck pain
38. Respiratory + Digestion + IBS + Allergy
39. Gb side HA + Heart palpitations + LBP + loose stools
40. Sinus HA, uterus cramps + Heart palp + fatigue
41. Organisation of Acupuncture
42. Differences between Tai Yang - Yang Ming, Jue Yin - Yang Ming and Pe / Kid Yang Ming.