

Distal Acupuncture Balance Method 4 days course.

2 days Advanced Seminar: Instant Pain Relief

Distal Acupuncture Balance Method is an incredibly effective approach that quickly creates results. This is a transformational treatment that holds an incredibly high success rate with numerous patients, stating as much as a 50 - 90 % reduction of pain within one treatment.

- During 2 days of the course the participants will be introduced to the system of Distal Acupuncture Balancing patterns, which are easy to understand and implement into practice.
- After the training each participant will be able to achieve high level results in successfully treating any local pain (numbness, burning, stiffness etc) of any origin.
- Participants will learn some important Master Tung's points, relevant to Instant Pain Relief.
- Participants will be introduced to and practice main pulses that help detect main system imbalances.

DETAILED PROGRAMME:

- **Historical roots or Distal Acupuncture Balance Method.**

1 Homo and Hetero- systems.

2 Introduction of the fundamentals of Chinese medical philosophy including Yin-Yang, the Eight Trigrams and Ba Gua

Yin Ba Gua

Fu Xi Gua

3 Introduction to 123 Balance Method of Dr Tan and corresponding channels theory of Master Tung

- **Treatments:**

4 Lower Back Pain;

5 Pain Upper Back;

6 Pain Nipple;

7 Tennis elbow;

8 Achilles;

9 Carpal Tunnel;

10 Shoulder blade pain on SI;

11 GB tension headaches.

- **Matrix analysis: "Smart pick" to treat ANY local pain**

12 Nausea

13 Headache 4 Gates

14 Headaches all over, migraine;

Magic points for headache,

- Migraine + Vomiting
- 15 Hand's Neuropathy
 - Facial Paralysis - Bell's paralysis - Wind stroke
- 16 Trigeminal Neurolgia
- 17 Paralysis after stroke
- 18 Shingles
- 19 Sacral pain
- 20 Ren & Du problems
- 21 Introduction to Scalp Acupuncture
- 22 Liv 8 & Gb 34 Distal Acup location
- 23 Neck & Shoulder pain
- 24 Neck pain
- 25 LBP Ling Ku Combo
- 26 LBP Treatment for the pain radiating down the leg.
- 27 Shan Cha
- 28 Sacral Pain
- 29 Kidney problems
- 30 Mapping for fingers and toes. Treating extremities.
- 31 Gout
- 32 Rheumatoid Arthritis
- 33 Elbow pain
- 34 Knee pain
 - Knee pain inside patella
- 35 Pain around umbilicus
- 36 **Other patterns to treat any local músculo-skeletal pain (numbness, burning, stiffness, discomfort etc)**

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2 days Advanced Seminar: Distal Acupuncture for Zang Fu disorders.

Distal Acupuncture Balance Method is a valuable and effective acupuncture system that can complement any practice with incredible results. This clinically effective system of acupuncture is based on minimal and distal acupuncture treatments.

During 2 days of seminars the participants will:

- study the Yin/Yang dynamic patterns to treat functional disorders and whole-body sickness;
- learn the Yin/Yang dynamic treatment patterns to treat Zang Fu systemic diseases: respiratory, digestive, circulatory, urinogenital, allergic and other functional disorders including the whole-body sickness;
- be introduced to the most effective point combinations of the famous world Masters of acupuncture;
- be further introduced to practical pulse diagnostic system that helps to recognise body imbalances;
- study each pattern in detail with in-depth discussions about each particular disorder.
- Hands-on training. Students will be supervised whilst they practice on each other.

DETAILED PROGRAMME:

- 1. Balance patterns**
2. Tai Yin - Yang Ming
3. Eye Treatments: Lazy eye, shaking eye, Glaukoma, itchy eyes, etc
4. Sinus problems;
5. Jue Yin - Yang Ming pattern
6. Asthma (also for Kidney headaches);
7. Cardiology / Heart problems;
8. Constipation, Diarrhoea, sluggish digestion;
9. Uterus, Menstrual problems, Low abdomen pain;
10. Digestive disorders;
11. Crohn's disease;
12. Heatus Hernia;
13. Constipation;
14. Jue Yin - Shao Yang
15. Bipolar disorder (excess);
16. Shao Yin - Tai Yang
17. Tai Yin - Tai Yang
18. Liv - Lu - Tai Yin
19. Kidney functional problem with Low back pain;

20. Treatment for Heat;
21. Hormonal Imbalance (female);
22. Insomnia;
23. Gynaecology problems;
24. Inducing labour;
25. Hot flashes;
26. Men's hormones;
27. Impotence;
28. Prostate treatment;
29. Skin problems;
30. Skin problems with heat involved;
31. Shao Yin - Shao Yang
32. MS;
33. Thyroid;
34. Brain disorders
35. **Merging treatments examples: local pain & Zang Fu**
36. Allergy + LBP
37. Gyn problems + Shoulder/Neck pain
38. Respiratory + Digestion + IBS + Allergy
39. Gb side HA + Heart palpitations + LBP + loose stools
40. Sinus HA, uterus cramps + Heart palp + fatigue
41. Organisation of Acupuncture
42. Differences between Tai Yang - Yang Ming, Jue Yin - Yang Ming and Pe / Kid Yang Ming.